

## To Police and Peace Officers

The planning for the 2021 BC Ride to Remember is well underway. If you have not heard of the Ride to Remember, here is a quick background as to what it is; In late September, 2000 a small group of Niagara Regional police officers quietly departed their hometown on bicycles on a three-day trek to Parliament Hill in Ottawa, in order to raise awareness and funds for the National Police and Peace Officers' Memorial. In 2011, a partnership was formed with the Run to Remember, which saw the two events arriving on Parliament Hill together as one, with a common vision and goal. Since then, the Ride to Remember has grown to a four-day, 700km journey from the Ontario Police College in Aylmer and includes 170 cyclists from over 21 Police and Peace Agencies from across Canada.

Starting in 2014 BC had hosted an annual 100 km Ride event, in Victoria, prior to the commencement of the BCLEM. In 2019 the BC Ride to Remember expanded to a 3-day 400+ km journey, encompassing the Greater Vancouver area, Fraser Valley, and Greater Victoria area ending at the BCLEM.

This year we are again looking to identify strong cyclists physically able/ willing to embark on this fantastic journey. The Dates for the 2021 ride are September 23, 24,25 with the BCLEM occurring on the 26<sup>th</sup>.

The following are some minimum requirements to participate in the ride:

- 1) Own or have access to a quality, well maintained road bike
- 2) Able to ride over 100 kms a day for 3 days straight
- 3) Able to maintain a speed of 30 km/h while Riding in a Peloton
- 4) Previous experience or good understanding of how to ride in a group (Peloton)
- 5) Strong PMA (Positive Mental Attitude)

Cst Daryl Young and Det. Mike Hanninen, of AbbyPD, are planning a run to remember which will also arrive at the BCLEM with the Ride to Remember. Together, the Ride and Run to Remember are hoping to create a local legacy that will support and bring public attention to the BCLEM, and our fallen officers. Hopefully one day this will be as impressive as the Ontario Ride to Remember.

Please email your interest to [BCRide2Remember@gmail.com](mailto:BCRide2Remember@gmail.com) and a registration form will be emailed to you. Please keep in mind that this event may be cancelled should COVID restrictions remain at the current level during the dates of the event.

Thank you

Kevin Small

Abbotsford Police Department